**Identifying Your Personal Strengths**

1. Look at the list on the IB Theatre website of all the personal strengths. Read through the descriptions and list all the traits that think fit you on ANY level.
2. If you’re like me and feel that many of the 24 strengths apply to you, then you can cross out ‘Humility’ right away. That leaves only 23! Then keep on eliminating those that you think are probable, until you’re left with those you absolutely cannot cross out because they are YOU. Ideally you should have a list of about 3 to 5 personal strengths to be able to meaningfully work with these. A ‘shortlist’ should, after all, be short!
3. Now that you have a list of 3-5 personal strengths, describe how each of those strengths could translate into this project. What can you really bring to the table?